



Peace and Inner Strength through Unity

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Sheldan Nidle Updates (2009 sample)

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December 1

Selamat Balik! We come again with more to tell you. Many bodily changes brought on by your transformation into full consciousness are creating new areas of pain or discomfort in your physical bodies. At present the new diaphragm chakra is bringing up old memories from your youth or childhood. This is the repository for physical emotions of either joy or pain. As these emotions are released, your mind receives fleeting images of the incidents associated with the emotions being released. These discharges then trigger buried memories also held in your heart, lungs, liver, kidneys, and spleen, all of which can create a certain amount of havoc in your system, prodding long-dormant, old injuries to quicken again. These releases can bring on great joy, and many of you are having these positive and negative flashes at odd moments throughout the day. It is wonderful to see this happening to you as it is yet another sign of the transformations that are affecting your reality. They constitute a herald of what is to come!

Mother Earth is changing at a rate more to your liking. She dearly wishes to roll her inner energies out upon her surface. In other words, she intends to bring her surface world into alignment with the inner. In so doing, Mother Earth upgrades her surface duality into a unity which is fully aligned with the infinite. This operation is part of a larger one that is changing your solar system and preparing her to rejoin us. This process raises your realm up out of the dark's control and into a realm where the full and visible Light of the Creator shines brightly and indelibly within all. The uncertainties of the dark dualistic world will evaporate, changing the way you think and feel. You are then restored to a flawless and vibrant exchange with Heaven and with each other. Galactic societies live for and within this impeccable web of Light, which confers a knowing that is at present beyond your grasp. Nevertheless, you can attain a glimpse of this state when you meditate, or even during a

moment of deep quiet and grace. This state of divine wisdom is to become more available to you on a daily basis.

This gradual reinstatement is to return you to the natural state that you enjoyed over 13 millennia ago. As you come to remember this time, we anticipate a large increase in the queries you will have for us during our nightly appointments with you. At night, we work to dismantle the wholly illogical way you were downgraded into your present weakened state of physical existence. Here, we need to retrace your steps and reveal some ancient history. Mother Earth knew, eons ago, of this upcoming dark time and waited patiently for this trying odyssey to unfold. Now, she wants you to understand the connection between your present predicament and those special events back in the end-days of Atlantis. Furthermore, a certain element was in play back then which was to limit severely what the Atlanteans were able to achieve before their fall. This element was the offspring who were dedicated to a full return to the Light, and they became part of the original realm now called Agartha. This Inner Earth world was preserved from the time when Mother Earth was first colonized.

You have a history that is unique. The first chapters describe a world that is very different from the present one. It is peopled by fully conscious Beings. These were quite ethereal, and to dream of this time is to enter a land that many of your aboriginal peoples call 'dream time.' This period prevailed for hundreds of thousands of years. It is the so-called Eden that is mentioned in many holy works. This world was shanghaied by the Atlanteans some 15,000 years ago and experiments began which were denounced by the Lemurians and other 'daughter' lands. This outcry did not stop the dark and the Atlanteans. Heaven watched and allowed only the first stages of this heinous plot to unfold. Then, as if by magic, these nefarious activities were thwarted. Nevertheless, by this time two distinct realms were in existence: a duality-ruled surface world, controlled by the Anunnaki, and an inner world that retained the Light and the Love of the early Lemurian Empire.

Since then, your history became peppered with 'golden ages' interspersed with great destruction. Civilizations were leveled by fire, flood, and the thunderbolts of an irate Anunnaki. False creator myths were invented by the mystic 'sky lords' to explain to a confused humanity that these strange unworldly tyrants were in reality a kind and wondrous race that was worthy of humanity's worship and unquestioning loyalty. This relationship was nurtured by the Anunnaki and interfered with, only when necessary, by Heaven. Her purpose was to prepare you for your future reunion with Agartha. You gleaned much wisdom during these 13 millennia, and received a most 'special gift' that you were going to need to unfold physical Creation. Now the time comes to transform this dark duality and return you to a true sense of Self. To this end, Heaven fashioned a first contact mission and brought together an on-planet group to carry out this most urgent task!

First contact is the culmination of this long and arduous operation. Our arrival here coincided with a number of things that Heaven was doing to offset the dastardly goals of the Anunnaki. A more direct type of first contact mission was our initial operating plan. But the advent of the Peace of Anchara in the

mid-1990s changed the global conditions. This shake-up led us to contact those who have now become our Earth allies and to undertake a vastly expanded type of first contact. We were to use these enlightened ones to act as a forerunner to contact, and over the past decade these plans jelled, resulting in a scenario we are close to completing. Our intention is to have various changes of government, followed by a series of formal broadcasts recognizing our benevolent existence. This will permit us to introduce ourselves to you.

Our immediate concern is to bring the disaster that is presently unfolding around you to a rapid and successful end. Each day we watch the immense perfidy of these dark ones! Your world can no longer exist with these wrongdoers at the helm; a new and fairer way is now of the essence. This last dark outpost, your world, which the cabal laid out at the end of World War II, served them well. It is time to turn away from the cliff-edge, bring in your prosperity, and learn to work internationally with each other. This forms a lead-in to what we will bring. Mother Earth and this planetary system need to transform. The imprints of former animosities are no longer appropriate. The coming period is meant for peace, and for a whole host of wondrous revelations that are a prelude to full consciousness.

This is not a time for calamity. It is a time for successfully infusing enough Light into your world to foment major change. This change is to be positive in nature, and will realign your constructs toward beneficial influences. A world calibrated to respond largely to dark input was long the way in which your world was manipulated by the Anunnaki and, more recently, by their minions, the last dark cabal. These groups are now in decline and ready to relinquish their reins to you and other Light Workers like our Earth allies. We are firmly behind all of this. However, we must hold to a divine timetable set up by the Creator and solemnly administered by Heaven. This timetable is behind the powerful decrees given by Lord Surea and taken as Truth by the Divine! Thus, the time is at hand for action and for the manifesting of a new, prosperous reality!

Today, we come as joyful heralds of a new reality. We speak in the name of Heaven and command that a new reality be proclaimed upon your world! We watch and await the signals which announce the start of many wonderful things! Let us rejoice in the knowledge that the grand plan of Heaven is unfolding before us! Know, dear Ones, in your Heart of Hearts that the countless Supply and never-ending Prosperity of Heaven is indeed Yours! So Be It! Selamat Gajun! Selamat Ja! (Sirian for Be One! and Be in Joy!)

March 17

Selamat Jarin! We come again with more to say about many things. Right now a number of events are beginning to manifest. They are the forerunners of the many deliveries and announcements that signal the start of your new reality. What needs to be said here is that Heaven is determined to keep everything in balance. Human society is changing at a pace that mirrors your awakening. At the same time, your growth permits Mother Earth to begin transforming her surface areas. This reciprocity allows all to be known together, and to dovetail with what is happening in your solar system. Thus, change is comprehensive while remaining in balance. You have probably noticed that these changes are accelerating, heading for an amazing event, which sages, both past and present, call the great shift or the ascension. Whatever the term, these things are both inevitable and a sign that it is now necessary to transform this reality. A major part of this sacred operation is our first contact mission to Mother Earth and this solar system.

As mentioned many times, first contact has changed from its original concept to an operation that is both a precursor to, and the means for, your transformation into fully conscious Beings of Light. This process put us in contact with our personnel who were embedded in your societies long before we arrived here in great numbers. We also linked up with the parallel contact mission from inner Earth. The resulting combined resources helped us learn about and become friends with our Earth allies. What is happening on your world has its origins in what these courageous and dedicated souls from inner Earth have done over the millennia to prepare all of you for what now lies ahead. When the time comes for the announcements, we ask that every bit of this incredible history be presented to you. You deserve full knowledge of your true history as well as sufficient background on what is being done to progress you from your present dark world into one filled with Light, Love, and inner Joy! You need to see just how much of a miracle your deliverance from the dark really is!

When the Anunnaki arrived here after the fall of Atlantis, your world was in a shambles. They used this opportunity to reshape your world and told you a fable about your origins. Time and again you discarded these lies, each time incurring the destructive wrath of these dark overlords. The Anunnaki persisted, until finally you succumbed to their fictitious creed around the time of the dawn of your recorded history. Since then you have been subservient to the Anunnaki's appointed minions. This period is now at an end. Ahead of you is a time to reassess everything and to prepare for our arrival. It is a very special divine moment, in which you can thank Mother Earth and begin to make up for the destruction unthinkingly perpetrated upon her without mercy or thanks for the gifts she gave you. It is the moment to end a death culture that has produced endless wars, mass hatred, and deep artificial schisms between you. For eons you doled out the same callous behavior toward each other that you visited upon Mother Earth.

This drive toward enlightenment is a strong impulse within you. Throughout your history we came to assist you along this path and to encourage your prophets and wise men to produce most of your sacred

literature. In this we were helped along by Heaven and given explicit direction by the divine plan. You are here to witness the dark, to explore limited consciousness, and finally to return to full consciousness and the Light. All this is done according to a divine timeline. Our mission is to follow these directives and at an appointed moment to appear openly to you. In the lead-up to this moment we joust with your governments and warn some of them of the folly of their way of relating to one another. We do this to ensure that you are able to reach the point when your changes can manifest. Until then we are faithful watchdogs, constantly monitoring these governments to prevent 'unwarranted' actions from being set in motion.

War is something that your coming caretaker regimes are formally pledged to transform into peaceful channels. A great abundance is ready to rain down and change your world forever. As you know by now, a new financial and banking system is to prepare the ground for the time when money and power lose their sway over you. You are moving upward and back into a spiritual mindset quite different from what is now the norm in your society. And this is the point to ever keep in mind: You are safe, and a wholly new world is your destiny. Our arrival is merely one event among many that are to bring this into being. We repeat: this point is pivotal. You are here in the Earth school to learn, and to change those concepts that make this limited reality work. We are here to oversee this and, when so directed, to swoop down and assist you in completing what you started.

All of this has a divine timing. Within this framework our primary brief is first of all to be the divine, benevolent overseer; that is, to prevent global catastrophe such as nuclear war. We have been warning your governments repeatedly since the end of the Second World War not to consider this an option. Nevertheless, at certain moments in your recent history global conditions brought us close to a massive divine intervention. All governments receive briefings on these matters in which we are very clear about the dos and don'ts. We give our warning and we leave as we came. We carefully monitor your planet and these strange, spiteful entities you call government. Our relationship with these organizations is dubious at best, though some of them do have a more positive attitude toward us and have actually cooperated to the point of some degree of disclosure regarding 'UFOs.'

While these regimes' direction generally aligns with the desires of the Illuminati, some have become friendlier over the past decade. This may be enlightened self-interest because of what is now happening globally. A quiet worldwide revolution is gaining a reputation as an unstoppable force, and many recognize an urgent need to address this, for example, by providing a higher degree of transparency for their citizens on a number of vital issues. Public pressure is also beginning to force a reassessment on their policy toward UFOs, and some grudging attempts at disclosure are taking place despite the skeptics' overall upper hand in this area. But, as with the dark, their grip is loosening. A new wave of officials in several nations can see the "writing on the wall" and are more willing to set some much-needed precedents for the disclosure process.

These changes are part of other things that are modifying the way your governments react to us. All know that we are benevolent and a catalyst for vast change in your definition of 'humanness' and 'consciousness.' Knowledge on this subject has mushroomed in recent years but public perception of this has not kept pace. New viewpoints and policies are now definitely required as who we are becomes more and more difficult to obscure. What this amounts to is the need to improve the way we are approached. However, although we welcome any attempts at enhanced diplomacy, our focus remains firmly on first contact and your return to full consciousness. We need to make everyone aware of what is planned by Heaven. First contact is as inevitable as full consciousness. The time to fully manifest your Quiet Revolution has arrived.

Today, we talked about the amazing changes being prepared for your world. Heaven is joyous about what is to happen. Revel in these last days before the great changes and the manifestation of your marvelous abundance. Remember, Together, We are indeed Victorious! Know, dear Ones, in your Heart of Hearts that the countless Supply and never-ending Prosperity of Heaven are indeed Yours! So Be It! Selamat Gajun! Selamat Ja! (Sirian for Be One! and Be in Joy!)